

LRB

# Leadership and the Rule of St. Benedict

14 – 26 JULY 2019

IN ST. ANSELMO ROME

This program is designed for monks and nuns or laypersons of the Benedictine tradition in a position of leadership in monastic communities worldwide.

*„He (the Abbot) must know what a difficult and demanding burden he has undertaken: directing souls and serving a variety of temperaments....” (RB 2,31)*



*Right Rev. Gregory J. Polan, O.S.B.  
Abbot Primate of the Benedictine Confederation*

The program

## **Leadership and the Rule of St. Benedict**

merits your serious attention. It has proven to be a successful tool for present and future leaders of monasteries.

Experienced Benedictines with renowned professors from the University Saint Gallen, equip participants with the tools needed for guiding their members and managing the business of the monastery.

This all takes place within the spiritual framework of the Rule of St. Benedict. Good leadership establishes the well-being of communities and all who are served by them.

I wholeheartedly recommend this program.

*Abbot Gregory*

[www.lrb-rome.com](http://www.lrb-rome.com)

## Testimonials of former participants:

"I now understand my own leadership style and recognize what I need to work on"

"I now understand better what happens in the organization of my monastery and how I can help shape it"

"I have learned that leading means shaping relationships and I have gained tools for doing that"

"LRB taught me to be a true Benedictine leader, to lead the society with genuine values"

"I feel empowered; now I understand much of the root cause of so many problems in communities"

# 4 Competences for Leading a Monastery

## 1. Competence: Strategy Making

Like any other organization, a monastic community has to deal with internal and external partners: members of the community, guests, employees, parish.....

These relations are decisive for the long-term success and survival of an organization. Leaders have to shape these relations in a sustainable way.



Prof. em. Dr. Günter Müller-Stewens  
University of St. Gallen, Switzerland

Abbess del Mar Albajar OSB  
Abbey St. Benet Montserrat, Spain

## 2. Competence: Shaping Organizations

The aim of this module is to learn how to "read" the contexts we are trying to organize. Interpreting organizational situations with a multiplicity of perspectives fosters creativity and opens up inspiring new ways of dealing with routine tasks as well as managing conflicts.



Prof. em. Dr. Thomas Eberle  
University of St. Gallen, Switzerland

Sr. Ulrike Soegtrop OSB  
Abbey St. Scholastica Dinklage, Germany

## 3. Competence: Leading People

This module provides models and insights on leadership in a constantly changing environment. Leaders need to learn how to adapt to new situations and reflect on value-oriented leadership and social competences.



Prof. Dr. Jean-Paul Thommen  
University of Zurich, Switzerland

Sr. Ruth Starman OSB  
Benedictine Sisters Clyde, USA

## LRB Course Details

- Four Modules – each co-taught by a professor in association with the University of St. Gallen and a Benedictine monk or nun
- Based on the experiences of five courses (2013 - 2017) with 144 participants from thirty different countries
- Solution- and action-driven approach with simple, but well proven tools and frameworks; the scientific foundation happens in the background
- The language is English; good language skills are required
- Program fee 1.000 € possible through the generous support of the Foundation Benedict and the Alliance InterMonasterères (AIM)
- Applications are welcome up to 28<sup>th</sup> of February

## 4. Competence: Managing Projects

Running projects requires a clear vision, careful planning, broad and continuous communication, tracking progress, and finally measuring results. This module helps to develop these skills through exploring best practices and understanding goals and challenges of project management, analyzing the context and the resources available and applying some basic tools.



Dr. Erwin Hettich  
Helvetia AG, Switzerland

Br. Dr. Ansgar Stüfe OSB,  
Abbey Münsterschwarzach, Germany

### ***Continuous benedictine framing***



We will reflect on the managerial content in the light of Benedictine spirituality and practice. By his life and his Rule, Saint Benedict provides tools for good leadership, “under the guidance of the gospel.”

Fr. Dr. Mauritius Wilde OSB, Prior of St. Anselmo, Rome

### ***Social program***

- Pilgrimage to Subiaco
- Meeting with Abbot Primate Gregory Polan
- Participation at the Angelus with Pope Francis

*Further information and application formula:*

**[www.lrb-rome.com](http://www.lrb-rome.com)**

"I feel more confident and comfortable in wearing the shoes of a leader"

"I have come in touch with my vision of a strong renewed and attractive Benedictine way of life"

"It was greatly useful for my service as a prioress and gave both many insights and practical tools for making the necessary changes"

### Kontaktadressen

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# LRB

14 – 26 July 2019

S. Anselmo, Rome

### The International Monastic Institute of the Pontifical University of S. Anselmo, Rome

The Benedictine University is located on the Aventine Hill in Rome. It offers advanced studies in Monastic Theology of Spirituality, Sacramental Theology, Liturgy, History of Theology and Philosophy of Religion.

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### The Institute of Management of the University of St. Gallen (HSG), Switzerland

The university currently educates more than 8500 students in Business Administration, Economics, Law and the Social Sciences. The Financial Times (FT) has ranked the HSG as the 5<sup>th</sup> best European business school among 70 other European business schools.

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